

CHRIS T. PERNELL, MD, MPH, FACPM

EDUCATION

Executive Master of Public Health in Health Policy and Health Services Management

Columbia University Mailman School of Public Health, New York, NY, 2011

Doctor of Medicine (Honors Thesis)

Duke University School of Medicine, Durham, NC 2003

Bachelor of Arts in Psychology: Concentration in Neuroscience (Cum Laude)

Princeton University, Princeton, NJ, 1997

PROFESSIONAL EXPERIENCE

THE ESTHER GROUP LLC, Short Hills, New Jersey • 2023 – Present, CEO and Founder

- Serve as senior executive and principal strategist leading public health consultancy and health equity strategy development for diverse clients in health care, public health, academia, and the public and private business sectors.
- Architect health equity agenda setting, project scoping, and conceptualizing of public health data into strategic goals and tactical action plans for business clientele.
 - Key Activities:
 - **Diagnosing** organizational readiness and devising an implementation roadmap for centering health equity, antiracism, and diversity, equity, inclusion and belonging (DEIB) in a just culture and systems operations.
 - **Designing** real-world and evidence-based population health solutions to inspire and reimagine how systems function to advance individual and population level wellbeing.
 - **Delivering** results that dare brave outcomes by deriving value (i.e., value on investment) for people, organizations, and communities.
 - Strategic visioning to align mission, vision and operations with equity and justice-inspired goals.
 - Socially and culturally fluent communication strategies to cultivate empathy and shared values, and to promote health and justice-promoting actions.
 - Integration of public health and clinical systems to solve population level challenges through power sharing models.

CORAL HEALTH, New York, New York • 2021 – 2023, Senior Advisor

- Advised founding CEO and team for Coral Health, a health equity firm launched under the innovation incubator, Redesign Health, which is a first to market platform whose mission is to integrate with employers' existing ecosystems and Employee Resource Groups (ERGs) to improve cultural fluency, health equity and long-term outcomes using culturally specific health education, activation, resources, and care navigation plans. Initially recruited to serve as inaugural CEO given impressive accolades in public health, health justice and systems change work.
- Responsible for learning module development and facilitation, public promotion of the product, and strategic advising on digital content, user experience, business intelligence and forecasting on digital health, health equity and preventive medicine landscapes.

UNIVERSITY HOSPITAL, Newark, New Jersey • 2019 – 2022, Chief Strategic Integration and Health Equity Officer

- Served as inaugural senior executive leader in this role responsible for multiple business units including human experience (patient, family, community, and employee experience strategies), strategic planning, community affairs, community and population health, and the newly created department responsible for diversity, equity, and inclusion and antiracism initiatives.
- Provided stabilizing leadership and crisis management during the unprecedented COVID pandemic utilizing trauma-informed best practices and organizational development theory. Performed oversight of a multi-faceted peer support program and champion a culture of organizational and staff resiliency.
- Launched the hospital's first ever social marketing campaign, *Care Around the Clock*, inclusive of a multipronged patient and community education initiative mobilized across diverse media formats/platforms to reassure patients and community to return to in-person care and to educate the masses on COVID precautions, general health and wellbeing, and hospital resources.
- Designed a robust equity and inclusion (E&I) strategy involving workforce, patients, and community at critical juncture in organization and nation's history (i.e., conceptualized the hospital's theory of change tool—identifying 5 E&I organizational priorities mapped onto a 10-point plan, over 40 key objectives and 100 plus metrics and fast goals). Positioned the hospital as an anchor institution leading in the health and racial equity and health justice spaces.
 - Key Projects:
 - Senior executive with foremost expertise in public health, preventive medicine and population health—provided strategic oversight of the community and population health department at c-suite level and spearheaded strategic priorities around a social determinants of health framework (i.e., serving as hospital lead on \$42M housing partnership with New Jersey Housing and Mortgage Finance Agency and L&M Developers); mobilized a *prevention army* model with the goal of co-locating clinical preventive services in a hyperlocal, community-integrated care approach; oversaw department's innovation in maternal and child health via launch of CenteringPregnancy and CenteringParenting models; and operationalized an asset-focused and community participatory model of community empowerment (i.e., helping to launch and cultivate the Community Advisory Council as a subcommittee of the Community Oversight Board).
 - Executive sponsor for three key strategic and organizational priorities: 1) A3 lean management performance improvement project to drive radical transformation of the patient and human experience business unit; 2) UH Cares for YOU, peer supporter program, which offers trained peer supporters in emotional first aid as part of organizational resiliency strategies; 3) architect of the organization's first theory of change framework for equity and inclusion strategy development, including launch of department centered on health equity and racial justice work.

LABOR MANAGEMENT PROJECT (LMP), 1199SEIU TRAINING & EMPLOYMENT FUNDS, New York, New York • 2015 – 2019, Senior Manager, Workplace and Community Health Program

- Provided strategic visioning and management of the Workplace and Community Health Program (WCHP) in 1199SEIU/League's Labor Management Project (an employer and 1199SEIU partnership); implemented population health and lifestyle medicine to drive health outcomes, community wellbeing, worker engagement and health system transformation.
- Responsible for development of state-of-the-art, robust health and wellness programming at partner medical institutions in League of Voluntary Hospitals and Homes of New York (LVHH); translated research and clinical prevention guidelines into practice and policy potentially impacting over 125,000 healthcare workers across New York City.

- Facilitated collaborative work between labor and management healthcare teams, including One Brooklyn Health System, New York Presbyterian/Columbia University Medical Center, Mount Sinai Beth Israel, Northwell Health and Montefiore Health System, to ensure health and wellbeing of 1199SEIU workforce in particular; cultivated health equity, capacity development and health empowerment among 1199SEIU members at the worksite and in the communities where they resided.
- Supported and innovated dynamic worksite wellness projects with total worker health, systems driven approach; modeled National Diabetes Prevention Program (NDPP) for worksite application.
- Leveraged prevention science, health promotion and care coordination to affect broader community health goals.
- Served as member of leadership team of League/1199SEIU Labor Management Project; advised on workplace and personnel decisions (for an approximate 30-35 member staff of consultants, research analysts, project/field coordinators and administrative assistants) that impacted team cohesiveness and organizational excellence; held decision-making authority to help optimize an effective, agile consultant practice in whole system intervention, performance improvement projects and patient-centered care; presented at national public health and labor conferences representing the LMP/WCHP.
 - Key Projects:
 - Guided production of LMP's Worksite Wellness Survey Report to LVHH member institutions in aggregate and site-specific forms. Partnered with LMP's Research team to deliver final product and disseminate to approximately 40 participating institutions (where nearly 60,000 union members were employed) across New York City hospitals. Presented abstract on findings at 2016 Annual Public Health Association conference in Denver, Colorado.
 - Launched six NDPP cohorts at Mount Sinai Beth Israel across two locations, including inpatient hospital and ambulatory care clinic; enrolled nearly 100 employees in novel worksite delivery of DPP sessions. Presented storyboard on the pilot program and key findings at 2015 SEIU Healthcare Hospital Quality Initiative National Collaborative meeting in Chicago, Illinois, 2017 Planetree Conference in Baltimore, Maryland and 2018 American College of Preventive Medicine Annual Meeting in Chicago, Illinois.
 - Co-designed and facilitated training for over 40 labor and management co-leads of worksite wellness committees across League hospitals to ensure development of robust population health strategy at the worksite, knowledge transfer of effective workplace health concepts, inclusive employee engagement strategies, executive leadership cultivation and dynamic communication strategies to achieve positive work environments across multiple systems where over 100,000 healthcare workers were employed.

NYU COLLEGE OF GLOBAL PUBLIC HEALTH, New York, New York • 2016 – 2018 Adjunct Associate Professor, Public Health Policy and Management

- Instructed courses in College of Global Public Health (CGPH) in Public Health Policy and Management concentration, which is designed to develop leaders who will influence policy and manage organizations to improve and protect public's health; prepared next generation of public health pioneers with critical thinking skills, acumen, and entrepreneurial approaches necessary to reinvent public health paradigm.
- Mentored graduate students in field of public health practice to understand changing public health and healthcare landscape and to leverage population health skills to impact health equity, community wellbeing and social justice.
 - Key Projects:
 - Courses instructed included: Introduction to Public Health Systems: Management and Policy Issues; Health Care Policy; Introduction to Health Policy and Management - Part I and II: The Organization, Financing and Delivery of Health Care and Public Health in the US and Managing Health Care and Health Organizations (online version)

HEALTH & WELLNESS CONSULTANCY & STRATEGY, Newark, New Jersey • 2011 – 2015
Board Certified Preventive Medicine Physician and Health and Wellness Strategist

- Developed innovative wellness solutions for non-profit clients, including site-based public health and preventive medicine projects, worksite wellness programs, and public health engagement seminars.
- Provided health and wellbeing coaching in the areas of life balance, disease prevention and health promotion for individuals and groups.
- Performed public health speaking and professional writing on diverse health topics as well as broader commentary on pressing community and national issues in multimedia formats.
 - Key Projects:
 - Developed and facilitated pilot employee wellness program for Essex Regional Educational Services Commission (ERESC) across 4 sites, which managed wellness needs of approximately 50-75 employees in 12-session seminar format.
 - Appeared on BET's 106 & Park partnered with Preserve Our Legacy, Inc. to educate and inform public on issues related to bone marrow, peripheral blood stem cells (PBSC) and cord blood donors, especially in underrepresented ethnic communities.
 - Spearheaded volunteer wellness program at the Essex County Juvenile Detention Center providing residents with life skills education and mind-body-soul curriculum to improve wellbeing, reinforce effective coping mechanisms, build health literacy, and spur rehabilitation.

MY BODY & ME, Essex County, New Jersey • 2008 – 2015
Founder and Program Visionary

- Designed all aspects of venture from ground-up; strategically planned for successive phases of expansion; leveraged program mission to serve diverse community settings, including virtual/social media audiences—focused on holistic care and cultivating self-efficacy, specifically modifying behavior of overweight and obese individuals, youth and their families.
- Created curriculum and conducted session-based wellness seminars; formulated risk assessment based on individual profiles; offered specialized parent-child instruction in nutrition, physical activity, and positive body image.
- Oversaw volunteer provider and fitness consultants.
- Raised awareness of population level health hazards, delivering educational presentations, and participating in health fairs.
- Authored informational brochures and relevant program literature; conceptualized novel application of the small changes approach trademarked as Add, Decrease, Eliminate (ADE).
 - Sites included:
 - Alexander Street Elementary School, Speedway Avenue School, Union Chapel AME Church and BET HaSHEM YHWH Worldwide Ministries, Inc.

GENERAL PREVENTIVE MEDICINE PROGRAM, Baltimore, Maryland • 2012 - 2014

The Johns Hopkins Bloomberg School of Public Health, Resident Physician & Policy Fellow

- Facilitated and managed short-term public health and preventive medicine projects across multiple sectors, including academic, government (federal, state, and municipal), and non-profit settings.
- Performed policy and literature reviews and devised system-wide and/or program specific change recommendations.
- Orchestrated public health messaging and community engagement campaigns.
- Led interdisciplinary teams in health promotion, outreach, and education efforts.
- Participated in manuscript writing, grant preparation and data analysis.
- Cultivated inter-institutional partnerships and built across systems capacity to deliver cost-effective, quality care to vulnerable populations and groups.
- Instructed and precepted undergraduate and graduate level students in the Johns Hopkins Community and as part of select project assignments, including community health workers and medical/graduate students under advisement.
 - Sites included:
 - Community Health Initiative (CHI), Johns Hopkins Urban Health Institute
 - Baltimore City Health Department, Office of Policy and Planning

- The Johns Hopkins Weight Management Center
- American College of Preventive Medicine (ACPM), IMPriMECenter
- Essex County Hospital Center
- Office of Disease Prevention and Health Promotion (ODPHP), Divisions of Preventive Science and Health Communication, Health Literacy, and e-Health
- Public Citizen, Health Research Group
- New Jersey Department of Health, Division of Family Health Services, Chronic Disease Prevention & Control Services Unit

BET HaSHEM YHWH EPISKOPOS WORLDWIDE MINISTRIES INC., Bloomfield, New Jersey • 1998 – Present, Senior Leadership

- Support and aid senior Bishop in executive-level decisions and policy development for domestic and international member faith organization.
- Co-define and administer ministers' Code of Conduct.
- Develop and direct community liaison, outreach, and grassroots initiatives; manage internal crises, facilitate multiparty arbitration, and conflict resolution.
- Increase offerings and ministry professionalism, designing and launching programs such as personal development, skills assessment, and career counseling.
- Cultivate culture of excellence within ministry with spillover effects in local communities: addressing issues of social agency, equity, health literacy, and education achievement gaps.
- Drive outcomes by combating apathy and motivating underperforming and undereducated parishioners to become more proactive and engaged, maturing individual and community capacity.
- Foster cross-national understanding between domestic and global congregations.
 - Key Projects:
 - Designed and facilitated the development of organization's website, contracting with vendors, authoring content, contributing to layout design and visual presentation of ministry events and services, and strategizing for ministry's web and social media presence (i.e., integrating website with Facebook and Twitter pages and creating virtual content).
 - Aided site approval for major relocation efforts.
 - Responsible for creative vision for performing arts groups including spoken word/poetry troupes (YAHSpeak, Speak Up!, and TruthSayers) and Yahwistics Dance Ministry; leads BET HaSHEM Praise & Worship Ensemble, which performs regularly at community and faith-based events.

THE WASHINGTON POST, Washington DC, USA • 2009 – 2010 Expert Panelist for Health Care Rx: Online Health-Care Reform Forum

- Selected as member of distinguished panel with national profile; assigned to write weekly online articles on health-care policy prescriptions.
- Drafted time-sensitive commentary in reaction to political, social, and economic factors shaping health-care reform.
- Analyzed industry trends and articulated nationwide proposals to improve health-care access, delivery, and quality of care.
- Placed increased visibility on health promotion, prevention, and wellness initiatives.
- Featured by AOLNews in their best of the web weekly series in August 2009.

DIRECT PATIENT CARE CLINICAL EXPERIENCE

MORRISTOWN MEMORIAL HOSPITAL, Morristown & Summit, New Jersey • 2007 – 2008

Resident Physician – Department of Radiology

- Provided clinical interpretations, consultations, and treatment decisions on 50-70 radiology patients daily for +500-bed community-based teaching hospital and affiliate of Mount Sinai School of Medicine; included both inpatient and outpatient clients.
- Oversaw junior staff consisting of technicians and assistants.
- Handpicked by both superiors and peers in highly competitive environment for multiple advanced leadership roles: Department Representative on hospital-wide Medication Safety Collaborative, Research Project Lead, Curriculum Committee Member, and Member of Residency Council.
- Delivered key presentations to professionally attended symposia detailing cost-effective implementations of radiological resources for ER; hailed as exceptional.
- Researched and generated abstract evaluating whether clinical presentation differs for patients with central/saddle pulmonary embolus versus peripheral pulmonary emboli.
- Bridged gaps between Radiology and interdepartmental operations, advocated for patient-centered care, instituting educational seminars, and creatively solving long-standing problems.
- Reduced patient medication errors drastically, pinpointing systemic root-cause, providing site-specific recommendations for medication logs, and designing formal communication pathways.
- Played key role in enhancing residency educational programming; established operational standards for daily rotations and on-call duties and restructuring education formats.
- Boosted resident's morale, increased participation in larger hospital network, improved JHACO-compliant work culture and hours, and facilitated discussions between junior and senior staff.

LONG ISLAND COLLEGE HOSPITAL (LICH), Brooklyn, New York • 2005 – 2006

Resident Physician – Department of Internal Medicine

- Managed 5-10 patients daily for +500-bed treatment facility.
- Designed web-based tutorial on own initiative to teach medicine residents basic radiographic techniques; presented to educational director, and later incorporated into educational program.
- Maximized patient safety, advocating cost-effective care and judicious use of hospital resources to reduce risk of hospital-acquired infection.
- Awarded LICH Monthly Intern Award as most adept at cost-effective care and timely discharge.

UCLA MEDICAL CENTER, Los Angeles, California • 2003 – 2004

Resident Physician – Department of General Surgery

- Provided care to 10 patients daily across general and subspecialty fields for +600-bed hospital.
- Staffed general and subspecialty surgical clinics and ERs at affiliated veteran's hospital.
- Formulated processes and methodologies to improve work culture continuously.

AWARDS & DISTINCTIONS

National Institute of Health Summer Fellow; Harvard Medical School Minority Faculty Development & Visiting Clerkship Program; Bristol-Meyers & Squibb National Academic Medicine Fellow; Duke University School of Medicine Third Year Thesis Award; Columbia University Mailman School of Public Health Sheila Gorman, PhD Scholarship; Carma Foundation Inspiration Award; New Jersey Speaker Emeritus Sheila Oliver's Shirley Chisholm Health Award; New Jersey Congressman Bill Pascrell, Jr.'s Health Care Advisory Committee; Healthcare Foundation of New Jersey Presidential Award Grantee; Delta Sigma Theta Sorority, Inc. Montclair Alumnae Chapter Exceptional Service in Physical and Mental Health Award; Essex County Vocational Technical Schools, Board Member; New Leaders Council-New Jersey Chapter, Advisory Board Member (Former); The Mayor's Commission on the Homeless, City of Newark, NJ, Commissioner (Former); BRICK Inc., Board Member (Former); Essex County Civilian Task Force (Designated Medical Expert); Assistant Clinical Professor, Rutgers New Jersey Medical School; NJBiz Public Health Hero (2020); Special Congressional Recognition by Congressman Donald M. Payne Jr. (2021); American College of Preventive Medicine (ACPM) Ronald Davis Special Recognition Award (2021); Montclair NAACP Thurgood Marshall Award (2021); YWCA of Northern New Jersey Visionary Woman Award (2021); ROI Influencer: People of Color Difference Maker (2021); Vizion Foundation Unsung Hero Award (2022); ROI Influencer in Business (2022); Executive Women of New Jersey Salute to the Policy Makers Honoree (2022); ACPM Volunteer of the Year Co-Awardee (2022); NAACP NJ State Conference 100 Black People Who Changed the World Honoree (2022); NJBiz Best 50 Women in Business (2022); Hyacinth Foundation Riki Jacobs Social Justice Award (2022); The H.U.B.B. Gamechanger Award (2023); The New Jersey Public Health Association Dr. Ezra Mundy Hunt Award (2023)

LICENSURE/CERTIFICATION

Licensed Medical Doctor in the State of New Jersey (Active)
Board Certified Preventive Medicine and Public Health Specialist (2015)
Fellow of the American College of Preventive Medicine (2017)

PROFESSIONAL ORGANIZATIONS

American College of Preventive Medicine, Regent-at-Large (2022)

SELECT PRESENTATIONS, PUBLICATIONS & APPEARANCES

Pernell, Chris T. 2023, May 25 & 27. Princeton University Association of Black Princeton Alumni Trailblazing Twelve Reunions Speaker and Panelist. Princeton, NJ.

Pernell, Chris T. 2023, May 11. New Jersey Institute of Technology Martin Tuchman School of Management Awards Keynote Speaker. Newark, NJ.

Pernell, Chris T. 2023, May 3. American Hospital Association Region 2 Health Equity Innovation Summit Fireside Chat Panelist. Wynnewood, PA.

Pernell, Chris T. 2023, April 18. Bristol Myers Squibb Foundation Health Equity Grantees Summit Keynote Speaker: A Brave New World. Austin, TX.

Pernell, Chris T. 2023, April 10. Caldwell University 2nd Annual Social Justice Symposium Keynote Speaker: When You Are Sick and Tired of Being Sick and Tired, Then What? Caldwell, NJ.

Pernell, Chris T. 2023, April 4. Michigan Medicine-University of Michigan Healthcare Equity Month Keynote Speaker. Ann Arbor, MI.

Pernell, Chris T. 2023, March 25. City of East Orange Reviving the Village Community Event Keynote Speaker. East Orange, NJ.

Pernell, Chris T. 2023, March 25. Newark Board of Education 2nd Annual Women's Leadership Conference Presenter: By the Power Vested in Me. Virtual.

Pernell, Chris T. 2023, March 20. PM23 Storytelling Training Session Panelist. American College of Preventive Medicine (ACPM) Annual Conference. New Orleans, LA.

Pernell, Chris T. 2023, February 24. Rutgers-Newark School of Social Work 2023 Dr. Paul Shane Policy Symposium Keynote Speaker: Disturbing the Peace of Systems. Virtual.

Pernell, Chris T. 2023, February 22. Bristol Myers Squibb Black History Month Keynote Speaker. Headquarters: Princeton Campus, NJ.

Pernell, Chris T. 2023, February 15. American College of Preventive Medicine Crafting the Message: Media Influence and Public Health Webinar Co-Presenter. Virtual.

Pernell, Chris T. 2023, February 8. YWCA's Unite Against Hate: The State of Bias Crimes in NJ Plenary Panelist. Caldwell, NJ.

Pernell, Chris T. 2023, January 16. Elmwood United Presbyterian Church Annual MLK Service Speaker. East Orange, NJ.

Pernell, Chris T. 2022, December 18. Gary, Indiana Branch NAACP Annual Meeting Keynote Speaker. Merrillville, IN.

Pernell, Chris T. 2022, November 18. Pandemic Leadership – State Actions and Lessons Learned for Future Health Plenary Moderator. 10th Annual Building a Culture of Health in New Jersey Conference. Trenton, NJ.

Pernell, Chris T. 2022, November 10. Integrating Social Determinants of Health into the Healthcare Conversation Panelist. New Jersey Rural Health Conference: Advancing Care and Health Equity in Rural Communities. New Brunswick, NJ.

Pernell, Chris T. 2022, September 23. This Thing Ain't Over: COVID & Black Women Plenary Panelist. Power Rising 2022 Conference. Atlanta, GA.

Pernell, Chris T. 2022, September 20. Addiction and the Curse of Fentanyl: Strategies and Treatment Plenary Panelist: New Jersey Reentry Corporation. South Orange, NJ.

Pernell, Chris T. 2022, August 8. 2022 National Health Center Week Kick-off Keynote Speaker: New Jersey Primary Care Association and Neighborhood Health Services Corporation. Plainfield, NJ.

Pernell, Chris T. 2022, July 26. Rutgers New Jersey Medical School Addiction Medicine Fellowship Lecture: Hospitals as Hubs of Racial Healing: An Antiracism, Equity and Inclusion Imperative. Virtual.

Pernell, Chris T. 2022, July 22. Northeast Regional Alliance (NERA) Health Careers MedPrep & Social Work Scholars Program Graduation Keynote Speaker. New York City, NY.

Pernell, Chris T. 2022, July 18. Health Luncheon Keynote Speaker: Black Women's Health Equity – Ain't I A Woman. NAACP 113th National Convention. Atlantic City, NJ.

Pernell, Chris T. 2022, June 17. Communications for Evidence-Based Impact Plenary Session. American College of Preventive Medicine (ACPM) Annual Conference. Denver, CO.

Pernell, Chris T. 2022, June 16. Special Presentation on DEI and Health Equity Initiatives in the Field. Prevention Alliance Meeting. American College of Preventive Medicine (ACPM) Annual Conference. Denver, CO.

Pernell, Chris T. 2022, May 7. Diversity, Equity & Inclusion-Why It Matters & How Do We Achieve It? New Jersey State Nurses Association/Institute for Nursing Annual Meeting. Woodbridge, NJ.

Pernell, Chris T. 2022, April 29. Hospitals as Hubs of Racial Healing: An Antiracism, Equity and Inclusion Imperative. Housing and Community Development Network of NJ Healthy Homes and Communities Summit. Virtual.

Pernell, Chris, T. 2022, April 14. What is Trauma-informed Care? New Jersey Reentry Corporation Annual Reentry Conference. Jersey City, NJ.

Pernell, Chris T. 2022, April 12. Eye Opener: Confronting Racism in Healthcare – Solutions and Strategies. Newark Regional Business Partnership. Newark, NJ.

Pernell, Chris T. 2022, April 6. Hospitals as Hubs of Racial Healing: An Antiracism, Equity and Inclusion Imperative. Robert Wood Johnson Barnabas Health and Rutgers Robert Wood Johnson Medical School Pediatric System Grand Rounds. Virtual.

Pernell, Chris T. 2022, March 29. *As Covid-19 hospitalizations subside, let's continue to work on closing health equity gaps.* (Retrieved from: <https://blavity.com/as-covid-19-hospitalizations-subside-lets-continue-to-work-on-closing-health-equity-gaps?category1=opinion>)

Pernell, Chris T. 2022, March 1. Maternal Health Innovation ECHO: Making Health Equity an Organizational Priority (Lecturer). Rutgers New Jersey Medical School Project ECHO. Virtual.

Pernell, Chris T. 2022, February 24. Black History Month Wellness Webinar. NFL's Black Engagement Network. Virtual.

Pernell, Chris T. 2022, February 19. COVID-19 Virtual Town Hall (Panelist). City of East Orange, New Jersey. Virtual.

Pernell, Chris T. 2022, February 17. Power to Health: Medicare and the Civil Rights Revolution (Facilitator). Johns Hopkins Bloomberg School of Public Health: The Society of Black Alumni. Virtual.

Pernell, Chris T. 2022, February 16. Black Health and Wellness Black History Month (Panelist). Vizient Inc., Association for the Study of African American Life and History. Virtual.

Pernell, Chris T. 2022, February 2. Fighting for Black Humanity: The Imperative for Health and Racial Justice (Lecturer). Rutgers New Jersey Medical School Pulmonary and Critical Care Medicine Lecture Series. Virtual.

Pernell, Chris T. 2022, January 20. Health Equity and COVID-19 Vaccination. ACPM Hill Briefing: Impact of Preventive Medicine. Virtual.

Pernell, Chris T. 2022, January 4. The Views from Hear—Conversations Worth Listening to Series (Guest Panelist with Lt. Colonel, Dr. Davin Bridges). US Army Medical Recruiting 6thMRB. Filmed in Las Vegas, NV.

Pernell, Chris T. 2021, December 10. How Effective Housing Interventions Can Improve Health Outcomes (Panelist). New Jersey YMCA State Alliance 10th Annual Building a Culture of Health in New Jersey. Atlantic City, NJ.

Pernell, Chris T. 2021, December 7. Real Conversations on Protecting Ourselves Against COVID-19—Hear from Real People, Medical Experts & NFL Alumni (Panelist). Black Coalition Against COVID, Black Doctors.Org, Ad Council, NFL Alumni Health, COVID Collaborative, and JOY. Virtual.

Pernell, Chris T. 2021, December 1. World AIDS Day Community Symposium—Ending the HIV Epidemic: A Panel Discussion (Panelist). University Hospital and Rutgers New Jersey Medical School Division of Adolescent and Young Adult Medicine. Newark, NJ.

Pernell, Chris T. 2021, November 19. Diversity and Inclusion: Addressing the Needs of Marginalized Populations in Rural Communities (Panelist). Zufall Health and New Jersey Department of Health 3rd Annual Rural Oral Health Conference 2021. Virtual.

Pernell, Chris T. 2021, October 20. ACPM's Inaugural Daniel S. Blumenthal Lectureship Reaction Panel to Keynote Speaker, Marcella Nunez-Smith MD, MHS, Co-chair, President Biden's COVID-19 Advisory Board and Health Equity Task Force and Associate Dean for Health Equity Research, Yale School of Medicine. National Press Club. Washington DC.

Pernell, Chris T. 2021, September 28. How to Save a Life: Successful Models for Protecting Communities from COVID19 House Education & Labor Joint Subcommittee Hearing Civil Rights and Human Services Subcommittee & Health, Employment, Labor, and Pensions Subcommittee. Virtual.

Pernell, Chris T. 2021, September 28. What's Happening in the Hospital (Moderator). 2nd Annual Black Infant and Maternal Mortality Event with Newark NAACP and Prematurity Prevention Initiative. Virtual.

Pernell, Chris T. 2021, September 18. COVID-19 mRNA Vaccines. NJNAACP Annual Convention: Our Quest for a Racial Reckoning in New Jersey. Virtual.

Pernell, Chris T. 2021, September 16. The Importance of Addressing Minority Health Disparities When Undertaking Community Development. 2021 Governor's Conference on Housing and Economic Development. Virtual

Pernell, Chris T. 2021, September 15. Congressman André Carson Presents Undefeated: Emerging Leaders (Panelist). Congressional Black Caucus Foundation Inc., 51st Annual Legislative Conference. Virtual.

Pernell, Chris T. 2021, September 8. Advancing Health Equity. American Cancer Society Northeast Region ECHO Learning Opportunity. Virtual.

Pernell, Chris T. 2021, September 1. 1199SEIU's COVID-19 Vaccine Discussion. 1199SEIU Facebook Live.

Pernell, Chris T. 2021, August 31. Justice Now—Back to School in a COVID-19 World (Panelist). National Urban League Instagram Live.

Pernell, Chris T. 2021, August 26. The Importance of the COVID Vaccine, Including Any Facts or Fiction Related to the Vaccine. 1199SEIU Home Care COVID Tele-Town Hall Meeting.

Pernell, Chris T. 2021, August 12. Pursuing the Promise—A Healing Conversation about COVID-19 Hesitancy (Panelist). South Ward Promise Neighborhood Facebook Live.

Pernell, Chris T. 2021, July 29. Health Equity and Person First Care. Ithaca College PA Program Learner Orientation. Virtual.

Pernell, Chris T. 2021, July 27. Vaccine Misinformation & the Delta Variant. Coronavirus (COVID-19) Update with Mayor Ras J. Baraka (Panelist). City of Newark, NJ. Virtual.

Pernell, Chris T. 2021, July 16. General Preventive Medicine Career Paths and Professional Experiences. Johns Hopkins Preventive Medicine Residency Administrative Rounds. Virtual.

Pernell, Chris T. 2021, May 19. Addressing Disparities in Healthcare Access (Panelist). GLG Institute Virtual Healthcare Leadership Summit. Virtual.

Pernell, Chris T. 2021, May 18. Building Social Justice and Health Equity: Understanding Our Past, Surviving COVID-19 Pandemic, Optimally Thriving in Our Future (Moderator). ACPM 2021 Annual Conference. Virtual.

Pernell, Chris T. 2021, April 9. How Two Pandemics Collided and Cost Black and Brown Lives and the Racial and Health Justice Mandate to Save the Future by Every Means Necessary. Network of National Library of Medicine Symposium (Keynote Speaker). Virtual.

Pernell, Chris T. 2021, March 11. COVID-19 Disparities in Black, indigenous and people of color communities (BIPOC) Policy Invitation Hearing hosted by the Pennsylvania Legislative Black Caucus (Panelist). Virtual.

Pernell, Chris T. 2021, March 2. *A year in Covid requires new investment in America's health care workers.* (Retrieved from: https://www.msnbc.com/opinion/year-covid-requires-new-investment-america-s-health-care-workersn1259320?cid=sm_npd_ms_fb_ma&fbclid=IwAR2UMUQmq_f695Mw3HwnnTNJnubvZgM4XxWY7snFnV2NjnQI_JMWWQ2UGiY)

Pernell, Chris T. 2021, February 25. Unmasked: A COVID-19 Virtual Town Hall Series (Panelist). NAACP. Virtual.

Pernell, Chris T. 2021, February 11. Saving Lives with the COVID-19 Vaccine in NJ Black and Caribbean Communities (Panelist). New Jersey Department of Health. Virtual.

Pernell, Chris T. 2021, February 21. *The Covid-19 vaccines are safe. The time to 'wait and see' is over.* (Retrieved from: https://www.msnbc.com/opinion/covid-19-vaccines-are-safe-time-wait-see-over-n1257548?cid=sm_npd_ms_fb_ma&fbclid=IwAR1aSYbFcwaBvpPgoRHIMMV5F1FQWAUCCIJzGGXI4ny4b3p5l5FpAdJsSl)

Pernell, Chris T. 2021, February 3. Health Equity & the COVID-19 Vaccine. City of Bloomfield, NJ. Virtual.

Pernell, Chris T. 2021, February 2, 2021. *Why Covid vaccine skepticism is such a problem in Black and brown communities.* (Retrieved from: <https://www.msnbc.com/opinion/why-covid-vaccine-skepticism-such-problem-black-brown-communities->

[n1255924?cid=sm_npd_ms_fb_ma&fbclid=IwAR343gECZUZhMep05vwrT0fy7vslBiOgQNXirV1xFBAbll5IXdHdCEQnckc](https://www.facebook.com/1255924?cid=sm_npd_ms_fb_ma&fbclid=IwAR343gECZUZhMep05vwrT0fy7vslBiOgQNXirV1xFBAbll5IXdHdCEQnckc))

Pernell, Chris T. 2021, January 27. City of East Orange COVID-19 Virtual Town Hall (Panelist). City of East Orange, NJ. Virtual.

Pernell, Chris T. 2021, January 27. City of Montclair COVID-19 Virtual Town Hall. City of Montclair, NJ. Virtual.

Pernell, Chris T. 2021, January 13. Structural Health Disparities in Newark: What Are New Models for Communities of Color? Rutgers University Newark—Structural Competency and Structural Racism Course. Virtual.

Pernell, Chris T. 2021, January 11. The Impact of COVID-19 in the Context of Society and Biology (Panelist). Presented by NIH National Human Genome Research Institute and George Washington University School of Medicine. Virtual.

Pernell, Chris T. 2020, December 18. Race in the COVID Era: A Disparate Impact (Panelist). Princeton University. Virtual.

Pernell, Chris T. 2020, December 17. A Community Conversation on: Combatting COVID-19 in Urban Communities with Illinois State Senator Eddie Melton. Virtual.

Pernell, Chris T. 2020, November 21. COVID-19: Faith & Facts Webinar for the COVID-19 Prevention Network. Virtual.

Pernell, Chris T. 2020, October 20. Building Bridges Across the Disparity Divide: Developing, Implementing and Sustaining Health Equity and Population Health Strategies at University Hospital. Rutgers New Jersey Medical School Department of Psychiatry Grand Rounds. Virtual.

Pernell, Chris T. 2020, October 19. *Fight is in my DNA: Why I volunteered for a Covid-19 clinical trial.* (Retrieved from <https://blavity.com/fight-is-in-my-dna-why-i-volunteered-for-a-covid-19-clinical-trial?category1=opinion&category2=news>)

Pernell, Chris T. 2020, October 10. *I'm in a Covid-19 vaccine clinical trial to honor my father, fight racism and exercise my power.* (Retrieved from <https://www.nbcnews.com/think/opinion/i-m-covid-19-vaccine-clinical-trial-honor-my-father-ncna1242787>)

Pernell, Chris T. 2020, August 26. Racism and the Black Healthcare Experience. Rutgers New Jersey Medical School Department of Emergency Medicine Grand Rounds. Virtual.

Pernell, Chris T. 2020, June 25. Inequities in Global Health: Impact of COVID-19 Locally & Globally (Panelist). Rutgers New Jersey Medical School Office of Global Health. Virtual.

Pernell, Chris T. 2020, June 15. COVID-19, Black Lives Matter & Confronting Racism Town Hall Meeting. Rutgers University Newark Organization of Black Faculty & Staff. Virtual.

Pernell, Chris T. 2020, May 20. Coronavirus Community Discussion Live Chat (Panelist). Hosted by City of Newark, New Jersey Council Member LaMonica McIver. Virtual.

Pernell, Chris T., and Truss, Donnette. 2019, July. Innovating Through a Culture of Health. Oral poster presentation at the 2019 American Hospital Association Leadership Summit, San Diego, California.

Pernell, Chris T., Das, Sonali, Goodman, Andrew, Jones Charles, Jo-Ann, Mayfield, Marcia, Mondell, Kimmely, and Thomas, Latisha. 2018, May. Caring For Our Healers: 1199SEIU Diabetes Prevention Program at Mount Sinai Beth Israel. Oral poster presentation at the Annual Meeting of the American College of Preventive Medicine, Preventive Medicine 2018, Chicago, Illinois.

Pernell, Chris T. 2017, November. *Grand Rounds in Preventive Medicine*. Dartmouth-Hitchcock Medical Center, Lebanon, New Hampshire.

Das, Sonali, Mondell, Kimmely, Jones-Charles, Jo-Ann, Mayfield, Marcia, Thomas, Latisha and Pernell, Chris T. 2017, October. Caring For Our Healers: 1199SEIU Diabetes Prevention Program at Mount Sinai Beth Israel. Oral poster presentation at the Planetree Conference, Baltimore, Maryland.

Pernell, Chris T. 2017, May *Workplace Health as an Approach to Health Equity*. Conference session presented at American College of Preventive Medicine, Preventive Medicine 2017, Portland, Oregon.

Pernell, Chris T. 2017, January. *General Preventive Medicine Residency Administrative Rounds*. Johns Hopkins Bloomberg School of Public Health, Baltimore, Maryland.

Pernell, Chris T. 2016, December. *Empowering Communities, Empowering Populations (Health Equity Focus)*. Conference session presented at the 1199SEIU Training and Employment Funds' 2016 RNLMI Nursing Symposium, New York, New York.

Mayfield, Marcia, Goodman, Andrew, Bravo, Angelica, Thomas, Latisha, Mondell, Kimmely, and Pernell, Chris. (2016, November) *Workplace wellness programs for hospital workers in New York City: A survey of 39 hospitals explores offerings, support, and labor/management collaboration*. Abstract presented at APHA 2016 Annual Meeting and Expo 2016, Denver, Colorado.

Pernell, Chris T. 2015, December. *Empowering Communities, Empowering Populations*. Conference session presented at the 1199SEIU Training and Employment Funds' 2015 RNLMI Nursing Symposium, New York, New York.

Pernell, Chris T. 2013. *Letters to my people: inspirational essays, poems, and affirmations*. Charleston, SC: Createspace.

Pernell, Chris T. *Health Care Rx*. (Blogs dated, June 9, 2009, through March 31, 2010) Retrieved from http://views.washingtonpost.com/healthcarerx/panelists/chris_pernell/

Sturm, D, Salo, D, Pernell, C and Schwartz, J. (2008, May). *Do signs and symptoms of patients presenting with saddle or central pulmonary emboli differ from those with peripheral pulmonary emboli?* Acad Emerg Med. 2008 May;15(5); Suppl. 1, page 525.

Ochiai, H, Pernell, CT et al. (2006, October). *Treatment of neoplastic meningitis with intrathecal 9-nitro-camptothecin*. Neurologia Medico-Chirurgica (Tokyo). 2006 Oct;46(10):485-9; discussion 489-90.

RESEARCH THESES

Princeton University Honors Thesis: A Functional MRI Study of Memory and Motor Set in Human Prefrontal Cortex (1997)

Duke University School of Medicine Honors Thesis: Pressure-Based Delivery of Macromolecules in the Rat Brain (2003)